

The Dell Group, Inc.

Creative Solutions for your compliance burdens

A LITTLE KNOWLEDGE IS A DANGEROUS THING . . .

IMPROVE PERFORMANCE WITH OUR

COMPREHENSIVE TRAINING SERVICES

Revised November 2007

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
1.	Hazard Communication (Employee Right-to-Know) OSHA 29 CFR 1910.1200			
	HazCom Training - Basic	1.5 Hrs.	\$275.00	\$4.00
	HazCom Training - Advanced	3 Hrs.	\$525.00	\$8.00
	HazCom Refresher	1 Hr.	\$200.00	\$2.00
2.	Laboratory Safety and Chemical Hygiene OSHA 29 CFR 1910.1450			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1.5 Hrs.	\$275.00	\$4.00
3.	Bloodborne Pathogen Protection OSHA 29 CFR 1910.1030			
	Awareness/Refresher Training	0.5 Hr.	\$125.00	\$2.00
	First Aid/Housekeeping Training	1 Hr.	\$200.00	\$4.00
	Health Care/EMT Training	1.5 Hrs.	\$275.00	\$6.00
4.	Employee Emergency Action / Fire Prevention and Response OSHA 29 CFR 1910.38 / 1910.157(g)			
	Emergency Action Awareness for All Employees	1 Hr.	\$200.00	\$4.00
	Fire Prevention Awareness for All Employees	0.5 Hr.	\$125.00	\$2.00
	Emergency Actions for Coordinators	1 Hr.	\$200.00	\$2.00
	Fire Extinguisher Use for Incipient Fires	0.5 Hr.	\$125.00	\$2.00

P.O. Box 1390, Mentor, OH 44061-1390 – (440) 266-0403 – FAX (440) 266-0413

<http://www.dellgroup.com/>

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
5.	Respiratory Protection OSHA 29 CFR 1910.134			
	Respirator - Air Purifying - Initial	1.5 Hrs.	\$275.00	\$6.00
	Respirator - Supplied Air - Initial	2 Hrs.	\$350.00	\$10.00
	Fit Testing - Qualitative (Minimum 15 tests)	5 - 10 Minutes	-0-	\$20.00
	Fit Testing - Quantitative (Minimum 15 tests)	10 - 15 Minutes	-0-	\$80.00
6.	Hearing Conservation OSHA 29 CFR 1910.95			
	Hearing Conservation Training	1 Hr.	\$200.00	\$4.00
	Audiometric Testing - Minimum 20 tests	5 - 10 Minutes	\$400.00	\$15.00
7.	Personal Protective Equipment OSHA 29 CFR 1910.132 (Eye, Face, Head, Hand, Foot)			
	Personal Protection Equipment - Basic or Refresher	1 Hr.	\$200.00	\$4.00
	Personal Protection Equipment - Advanced Version, Site Specific	2 Hrs.	\$350.00	\$8.00
8.	Lockout/Tagout OSHA 29 CFR 1910.147			
	Authorized Initial	2 Hrs.	\$350.00	\$8.00
	Authorized Refresher	1 Hr.	\$200.00	\$4.00
	Affected Initial (or included in above)	.75 Hr.	\$175.00	\$4.00
	Affected Refresher (or include in above)	0.5 Hr.	\$125.00	\$2.00
9.	Electrical Safety OSHA 1910.331 – 335 / NFPA 70E			
	Non-Qualified Employees – Awareness	1.5 Hrs.	\$275.00	\$5.00
	Qualified Employees – Basic Requirements	3 Hrs.	\$525.00	\$14.00
	Qualified Employees – Advanced Duties	5 - 8 Hrs.	\$950.00 - \$1,400.00	\$20.00
	Qualified Employees – Arc Flash Protection and Competent Person	5 - 8 Hrs.	\$950.00 - \$1,400.00	\$85.00
	Note: Each level of Electrical Safety Training requires the previous level(s) as a prerequisite			

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
10.	Lift Truck OSHA 29 CFR 1910.178			
	Coaching the Lift Truck Operator – Customized to your trucks and operations. Meets 1999 OSHA requirements. Designed for delivery by non-professional trainers to co-workers. Duration depends on speed of trainees in completing workbook. (Not recommended for non-English speakers)	4 – 5 Hrs.	\$900.00	\$15.00 Student
	Train-the-Trainer Version of Above	Additional 1 Hr.	\$200.00	\$50.00
	Abbreviated Lift Truck Training – Refresher only for drivers with experience, trained since 1999.	2 Hrs.	\$350.00	\$10.00
11.	Crane, Hoist & Sling Safety OSHA 29 CFR 1910.179 - 184			
	Cranes and Hoists	2 Hrs.	\$350.00	\$8.00
	Slings, Chains, Ropes & Hooks (Rigging)	2 Hrs.	\$350.00	\$8.00
12.	Excavation/Trenching OSHA 29 CFR 1926 Subpart P			
	Worker Awareness (or included below)	3 Hrs.	\$525.00	\$10.00
	Competent Person (includes above session)	8 Hrs.	\$1,400.00	\$20.00
13.	Fall Protection – <i>Customized to Be Specific to Your Operations</i>			
	<u>Industrial Facilities</u> – Overview – Walking/Working Surfaces, Ladders & Stairways, Aerial Lifts, Scaffold Basics OSHA 29 CFR 1910 Subparts D & F	3 Hrs.	\$525.00	\$12.00
	<u>Construction Sites</u> – Overview – Ladders, Aerial Lifts, Fall Arrest Systems, Guards, Nets - OSHA 29 CFR 1926 Subparts X	4 Hrs.	\$700.00	\$15.00
	<u>Ironworkers Rule</u> OSHA 1926.104, Subpart R	6 Hrs.	\$1,050.00	\$20.00
	OSHA <u>General Awareness/Refresher</u> – Ladders, Elevated Surfaces, Scaffold, Aerial Lift	2 Hrs.	\$350.00	\$8.00

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
14.	Scaffolding OSHA 29 CFR 1926 Subparts L & X			
	General Awareness/Refresher	1 Hr.	\$200.00	\$4.00
	Scaffold User (or included below)	4 Hr.	\$700.00	\$20.00
	Scaffold Competent Person (includes above session)	8 Hrs.	\$1,400.00	\$30.00
	Suspended Scaffold – Competent Person Addendum to above	3 Hrs.	\$525.00	\$10.00
15.	Confined Space Entry OSHA 29 CFR 1910.146			
	Entrants, Attendants, & Supervisors	8 Hrs.	\$1,400.00	\$25.00
	Entry into Declassified Spaces (or included above)	6 Hrs.	\$1,050.00	\$15.00
	Non-Entry Retrieval (50% Hands-on)	4 Hrs.	\$700.00	\$10.00
	Technical Rescue (50% Hands-on)	16 Hrs.	\$3,000.00	\$50.00
16.	Emergency Response Team Development under Hazardous Waste Operations and Emergency Response (HAZWOPER) OSHA 29 CFR 1910.120(q) <i>Prices assume the existence of Chemical Emergency Prevention and Response Plan</i>			
	First Responder - Awareness	3 Hrs.	\$525.00	\$15.00
	First Responder - Operations	8 Hrs.	\$1,400.00	\$25.00
	Hazardous Materials - Technician	24 Hrs.	\$4,000.00	\$50.00
	Hazardous Materials - Specialist <ul style="list-style-type: none"> Quoted on case by case basis; Price dependent on specific chemicals 	*	*	*
	Incident Commander	4 Hrs.	\$700.00	\$20.00
	Emergency Response Team Refresher	8 Hrs.	\$1,400.00	\$25.00

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
17.	HAZWOPER Site Remediation OSHA 29 CFR1910.120/1926.63			
	Initial 24 Hour	24 Hrs.	\$4,000.00	\$30.00
	Initial 40 Hour	40 Hrs.	\$6,000.00	\$50.00
	Site Supervisor	8 Hrs.	\$1,400.00	\$25.00
	Annual Refresher	8 Hrs.	\$1,400.00	\$25.00
18.	EPA RCRA Hazardous Waste Generator 40 CFR Part 265			
	Initial – Generator & Waste Management	4 Hrs.	\$700.00	\$18.00
	Refresher – Generator & Waste Management	2 Hrs.	\$350.00	\$10.00
19.	DOT Hazardous Materials Transportation (HM-126f, 181, 215c) 49 CFR 170-179			
	General Awareness	1 Hr.	\$200.00	\$5.00
	Function-Specific Training (Labeling, Placarding, Packaging., Loading, Storage, Use of HazMat Table)	4 Hrs.	\$700.00	\$16.00
	Driver Training (Highway Transport)	1.5 Hrs.	\$275.00	\$4.00
	Safety Training (Basic Spill Response)	1.5 Hrs.	\$275.00	\$5.00
	All of the above DOT Sessions	8 Hrs.	\$1,400.00	\$25.00
20.	Lead Hazards in Building OSHA 29 CFR 1926.62			
	Awareness Training – Construction or Facilities	2 Hrs.	\$350.00	\$6.00
	Operations and Maintenance – in Facilities	8 Hrs.	\$1,400.00	\$25.00
	OSHA Lead Standard Only - Industrial or Construction	4 Hrs.	\$700.00	\$15.00

TRAINING PROGRAM TOPIC AND SKILL LEVEL		NORMAL LENGTH	COST PER SESSION	COST PER TRAINEE
21.	Asbestos Hazards in Facilities and Construction OSHA 29 CFR 1926.1101			
	Awareness Training (Class IV)	2 Hrs.	\$350.00	\$6.00
	Operations and Maintenance (Class III) <i>Awareness Training is a Prerequisite</i>	14 Hrs.	\$2,450.00	\$20.00
	Single Material Class II (Non-Friable Intact Removal such as roofing, floor tile or gaskets)	8 Hrs.	\$1,400.00	\$15.00
	Single Class II Material Competent Person Supplemental Training to session above	4 Hrs.	\$700.00	\$12.00
22.	First Aid OSHA 29 CFR 1910.151			
	Initial/Refresher (Also, See BBP, Item 3)	4 Hrs.	\$700.00	\$15.00
23.	CPR/AED	4 Hrs.	\$700.00	\$15.00
24.	Cadmium Standard OSHA 29 CFR 1910.1027			
	Initial	3 Hrs.	\$525.00	\$15.00
	Refresher	1 Hr.	\$200.00	\$5.00
25.	Methylene Chloride Standard OSHA 29 CFR 1910.1052			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
26.	Formaldehyde Standard OSHA 29 CFR 1910.1048			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
27.	Silica Dust - OSHA Emphasis Program			
	Initial	3 Hrs.	\$525.00	\$8.00
	Refresher	1 Hr.	\$200.00	\$5.00
28.	Stormwater Pollution Prevention EPA 40 CFR Part 122			
	Pollution Prevention and Response Team Training	2 Hrs.	\$350.00	\$8.00
29.	Spill Prevention, Control and Countermeasures EPA 40 CFR 112			
	Initial/Refresher	2 Hrs.	\$350.00	\$8.00